

Seasoned Brown Rice

Side Dish-Grain

HACCP Process #2- Same Day Service

Healthier Kansas Recipe 142

Ingredients	50 Servings		100 Servings		Directions
	Weight	Measure	Weight	Measure	
Rice, brown, long-grain, dry	3 lb 6 oz		6lb12oz	1	1. Spray 12"x20"x4" pans (1 pan per 100 servings) with pan release spray. Combine rice, spices and water in pans. 2. Cover pans with foil. 3. Bake: Conventional oven: 350°F for 40-45 minutes Convection oven: 325°F for 30-35 minutes. 4. Fluff when ready to serve. Serve hot. CCP: Hold at 135°F or higher for service.
Pepper, black, ground		1 1/2 tsp		Tbsp	
Salt		2 Tbsp		1/4 cup	
Garlic powder		1/4 cup		1/2 cup	
Water	5 1/2 lb	2 Qt + 3 cups	11 lb	5 Qt + 2 cups	

Serving Sizes	Contribution
K-5 1/2 Cup	1/2 cup = 1 oz eq Grain 1 cup = 2 oz eq Grain
9-12 1 Cup	

